

7th Annual

FOCUS-Residential Symposium

(Clinical Practice...Management...Human Resources)

October 21-22, 2010

9.0 Training Hours

Social Work CEUs (approved)

AFC Administrator Credits (approved)

Nursing Home Administrator Credits (pending)

Who Should Attend:

- Residential Provider Staff
- Case Managers
- AFC Administrators
- Social Workers
- Transition Coordinators
- Supports Coordinators
- Nursing Home Administrators
- Mental Health Professionals
- Mental Health Service Managers
- Health Professionals

\$50 gift card to go to one of the first 50 people who register.

(must be present at time of drawing to win)

Bavarian Inn
One Covered Bridge Road
Frankenmuth, Michigan

Always a perfect time of year to visit this area. Take advantage of an outstanding training opportunity, see the sights and take a moment for early holiday shopping! Each participant will receive a welcome package containing valuable coupons!

SYMPOSIUM AGENDA

Thursday, October 21

8:00 **Registration** (coffee and rolls)

9:00 **Keynote:** The Power of Peer Support Services

10:15 **Coffee Break**

10:30 **Concurrent Workshops**

1. Recovery Transformation
2. Ethics in an Hour
3. Recent Laws Impacting Adult Foster Care (AFC)/
Preparing for AFC Renewal Inspections
4. Walking the Journey of Grief

Noon **Lunch**

1:00 **Concurrent Workshops**

5. Generational Issues with Employees
6. Sensory Processing Treatment for Persons w/ Challenging Behaviors (Part I)
7. Resident Admission Procedures: What to do and Why to do it!
8. Risk Management: Worker Compensation

2:30 **Refreshment Break**

2:45 **Concurrent Workshops**

9. Human Resources and Morale Concerns in Residential Programs
10. Sensory Processing Treatment for Persons with Challenging Behaviors (Part II)
11. Abuse and Disability
12. What and Who's PAIN is it Anyway?!

4:30 **Thursday Closing:** Caring for You While Caring for Others

5:30 **Adjourn for the Evening**

Friday, October 22

8:00 **Breakfast**

9:00 **Concurrent Workshops**

13. Relaxation of the Go
14. Advance Directives
15. Medication Administration
16. Sexuality and Disability

10:30 **Coffee Break**

10:45 **Closing:** Real People/Real Impacts - Differences That Make a Difference

12:00 **Raffle/Adjourn**

Program Descriptions and Faculty Biographies

KEYNOTE: The Power of Peer Support Services – Be inspired! Transform mental health services into a recovery model of service delivery with peer support. Experience the power that comes from sharing of stories of recovery.

Becky Cronin is a Certified Peer Support Specialist with the St. Clair County Community Mental Health Authority providing peer support services to individuals hospitalized on the local mental health unit and while engaging individuals new to treatment services.

Renna Flaig is a Certified Peer Support Specialist with the St. Clair County Community Mental Health Authority providing peer support services to individuals in the Specialty Clinical Services Unit. Trained in Wellness Recovery Action Plans (WRAP), she facilitates WRAP groups. Ms. Flaig is a veteran of the United States Army.

Andrew Goodman, B.A., is a Certified Peer Support Specialist with the St. Clair County Community Mental Health Authority providing peer support services to individuals in the Specialty Clinical Services Unit. He received specialty training in the areas of Dialectical Behavior Therapy and Integrated Dual Diagnosis Treatment.

Jon Johnston, M.A., is a Certified Peer Support Specialist with the St. Clair County Community Mental Health Authority providing peer support services in the Specialty Clinical Services Unit. He received specialty training in the areas of Dialectical Behavior Therapy and Integrated Dual Diagnosis Treatment, facilitates a Dual Recovery Anonymous group plus a smoking cessation class.

1. Recovery Transformation – Learn the steps involved in recovery transformation and transform your agency into one of Recovery. Hear anti-stigma efforts that can be adopted to every organization and community.

Debra B. Johnson, M.S.W., is the Deputy Director for the St. Clair County Community Mental Health Authority. She has worked in the mental health field for almost 30 years and was actively involved with the Recovery Transformation.

Sandra S. Kammer, M.S.W., has been employed by the St. Clair County Community Mental Health Authority for over 25 years, currently serving as the Program Director for Child, Adult and Family Services. Other work includes private practice as a clinical social worker.

Susan Lewis, B.S., is the Community Relations Coordinator for St. Clair County Community Mental Health Authority. Previously she was a teacher and the Public Relations/Marketing Manager for Alpena General Hospital.

2. Social Work Ethics – This session will briefly explore the foundations of ethical decision making from NASW and present a structured decision making process to help address areas that can lead the well-intended professional toward errors in judgment.

Doug McComas, M.S., M.S.W., has worked in the human services field in a variety of settings and capacities. He has served as a community mental health clinician; a community organizer and program developer; Director of an Area Agency on Aging, Director of Health Promotion Services for a district health department and most recently a mental health clinician in private practice in Jackson, Michigan. He is a Healthy Families of America Certified Supervisor and provides presentations on a variety of topics at the local, state and national level.

3. Recent Laws Impacting Adult Foster Care (AFC)/Preparing for AFC Renewal Inspections –

A review of recent laws impacting adult foster care plus information to assist AFC licensees in properly preparing for their renewal inspections by the Bureau of Children and Adult Foster Care Licensing.

Mary Holton, M.S.W., is an Adult Foster Care Licensing Consultant with the Division of Adult Foster Care and Home for the Aged Licensing, Bureau of Children and Adult Licensing, Michigan Department of Human Services. Previously, Ms. Holton worked in children's foster care, protective services and delinquency.

4. Walking the Journey of Grief - This presentation will discuss the journey of grief from the anticipatory grief occurring prior to the death to the grieving process during and following the death. It will address what anticipatory grief is, the experience of grieving after the loss, how grief affects us and why grieving is so difficult. We will also talk about the different stages of the grief experience, normal reactions to grief and complicated grief.

Marilyn McLaughlin, M.S.W., C.S.W., C.T., is the Bereavement Coordinator/Counselor for In-House Hospice & Palliative Care and a chaplain. She provides bereavement services and grief counseling to patients, families, and caregivers as well as providing community bereavement education and support groups. In 2004, she was part of an interdisciplinary team that went to South Africa for cultural exchange in hospice care, relating to AIDS.

5. Generational Issues with Employees - Generational issues in long term care and residential services can create conflicts. This session will review generational differences, provide team building exercises and the use of profile assessments to resolve differences and encourage and increase communication and teamwork.

Gloria Mitzelfeld, M.B.A., is the Executive Director of CARF accredited Living Alternatives for the Developmentally Disabled, Inc. She provides oversight for licensed residential homes, supported independence programs and community living supports. She has 32 years experience in the supervision of employees and administration of a non-profit corporation.

6. Sensory Processing Treatment for Persons with Challenging Behaviors (Part I) - Participants will learn about three main sensory systems and how activities that activate these systems can be used to decrease problematic behavior by calming and organizing the nervous system.

Martha J. Zonca Farrand, OTR, is the Occupational Therapy Coordinator for Genesee County Community Mental Health. She works with persons with developmental disabilities and mental illness in various settings, specializing in the use of sensory activities to decrease problematic behavior. Through her private practice, she organized a study group that eventually turned into a company called "Sensory Consortium" that sponsored conferences on Sensory processing disorders for 15 years throughout the United States. She continues to provide training and consultation to families and institutions.

7. Resident Admission Procedures: What to do and Why to do it! - Learn about AFC licensing requirements for resident admissions and best practices to provide protection for residents, staff, and the licensee. Also included is a review of required forms, the purpose of the forms and the ways information should be presented to maximize care to residents.

Diane L. Stier, Ph.D., is an Adult Foster Care Licensing Consultant with the Division of Adult Foster Care and Home for the Aged Licensing, Bureau of Children and Adult Licensing, Michigan Department of Human Services providing facility inspections, investigation of complaints and ongoing regulation. Her prior experience includes employment counseling, adult services with the Montcalm County Department of Human Services and service on a variety of boards.

8. Risk Management: Worker Compensation - A review of worker compensation from an effective and practical risk management perspective. The session will be interactive with the provision of examples to promote maximum learning.

Rich DeWard and Mark McMillan, HUB International Midwest, bring over 40 years combined experience in risk management and loss control in occupational safety standards within the social service area.

9. Human Resources and Morale Concerns in Residential Programs - Discussion of morale problems and possible solutions through the use of techniques such as support, empowerment and taking the culture of gentleness to its next level!

Gloria Mitzelfeld, M.B.A. (Please see Session #5)

10. Sensory Processing Treatment for Persons with Challenging Behaviors (Part II) - Participants will learn about three main sensory systems and how activities that activate these systems can be used to decrease problematic behavior by calming and organizing the nervous system.

Martha J. Zonca Farrand, OTR. (Please see Session #6)

11. Abuse and Disability - Abuse rates in people with disabilities are up to four times the national average. This workshop will present information on the nature of abuse for people with disabilities, the signs and how to help consumers protect themselves from exploitation.

Barbara Barton, Ph.D., practiced in various rehabilitation settings for over 20 years before returning for her doctorate in Rehabilitation Counseling. She is an appointee to Michigan's Statewide Independent Living Council and is President of the Michigan Disability Rights Coalition. Dr. Barton is an Assistant Professor of Social Work at Western Michigan University. She has been living with Multiple Sclerosis for over 20 years and knows person-centered planning from both sides of the table.

12. What and Who's PAIN is it Anyway?! - Chronic pain affects not only the individual; it also affects those caring for the individual. Pain is a multi-dimensional symptom that manifests and presents through the physical body. Identification of assessment tools, medications, and integrative modalities to care for individuals with chronic pain will be discussed.

Patricia Schmidt, D.O., is a full-time corporate medical director with In-House Hospice & Palliative Care. She was named Physician of the Year in 2008 and Educator of the Year in 2007 from the Michigan Hospice and Palliative Care Organization. She is a staff member at Botsford General Hospital and a courtesy staff member at Garden City Hospital. She serves as the Chair of the Education Committee for the Michigan Hospice and Palliative Care Organization and on the education committee with the American Academy of Hospice and Palliative Medicine. She is Board Certified with the American Board of Hospice and Palliative Medicine.

AFTERNOON CLOSING: Caring for You While Caring for Others - The nature of stress and its physical and psychological effects will be reviewed. Special attention will be given to sources of stress specific to those providing care services to others. Specific methods for reducing and coping with stress will be outlined plus a question and answer period.

Jori Reijonen, Ph.D., is a faculty member with the University of Phoenix, teaching college-level online courses in the Department of Psychology. Dr. Reijonen is certified in Behavioral Sleep Medicine by the American Academy of Sleep. She leads two support groups for people with Charcot Marie Tooth. She is the Editor of the Neuromuscular Diseases site at BellaOnline.com. Previously, she has worked as a psychologist in outpatient psychology and medical settings, and taught at Western Michigan University, Kalamazoo Valley Community College and the Michigan State University Kalamazoo Center for Medical Studies.

13. Relaxation of the Go - Empowering and educating attendees about the importance of relaxation and calm in their bodies and everyday lives. Working relaxation techniques into your everyday world.

Bonnie Gildea, S.W., C.M.T., is the owner of SolSpring, employing 27 Certified Massage Therapists as well as an Acupuncturist, Chiropractor and a Naturalpathic Doctor. SolSpring offers wellness as well as pampering spa services. Ms. Gildea has been a Certified Massage Therapist since 2002.

14. Advance Directives: Taking Control of Your Life - A practical and legal discussion utilizing statute, case law and the common law when considering advance directives. Also included will be guardian's authority in entering into and executing advance directives on behalf of their wards.

Steven E. Burnham, J.D., is the Kalamazoo Probate Court Administrator and Court Register. Previously he was in private practice and also served for 7 years as corporate counsel for Kalamazoo Community Mental Health Services and 5 years as Assistant Corporate Counsel for the County of Kalamazoo.

15. Medication Administration - Learn what constitutes a medication error, particularly, as they relate to licensing violations and overall consumer care and protection. Discussion will include the clinical ramifications of med errors and suggestions for solutions

Larry Harden, M.S., M.B.A., is the Pharmacist-In-Charge and Consultant Pharmacist for Kentwood Pharmacy. His experience ranges from retail and long-term care to hospital pharmacy. He actively participates in quality management, behavior management and psychotropic medication meetings.

Michelle A. Shedd, L.P.N., is a Certified Pharmacy Technician and provides clinical services for Kentwood Pharmacies, specifically in auditing and maintaining related services in long term care and skilled nursing facilities. She has 20 plus years as certified pharmacy tech in retail pharmacy.

16. Sexuality and Disability - For all of us, sexuality and sexual health is important to a good quality of life. Why should it be different for people with disabilities? This workshop explores the multi-dimensionality of sexuality and issues related to disability.

Barbara Barton, Ph.D. (Please see Session #11)

CLOSING: Real People/Real Impacts: Differences that Make a Difference - Each year the Symposium closes with a session reminding us that each day, with each interaction, there is an opportunity to make a positive difference in others' lives. This year, Charcot Marie Tooth (CMT) disease, a neuromuscular disorder, will be explained to increase awareness and understanding of this disorder. The effects of disability on self-esteem will be reviewed. The ways in which people with disability can be empowered to use their difference to make a difference for others will be discussed. The presenter will use examples from others and from her own life experiences as illustrations.

Jori Reijonen, Ph.D. (Please see Afternoon Closing)

